

# National Safe Work Month Quiz

Name:

Department/Team:

- 1 What is the primary responsibility of employers under WHS laws?
  - a) To ensure workers get breaks
  - b) To provide safe work environments
  - c) To enforce a dress code
- 2 Which of the following is NOT a WHS duty of a worker?
  - a) Following WHS policies & procedures
  - b) Reporting hazards and any safety risks at work
  - c) Ignoring safe work conditions
- 3 What is a psychosocial hazard?
  - a) A physical danger in the workplace
  - b) A factor that can harm a worker's mental health
  - c) A biological hazard
- 4 Which of the following can be considered a psychosocial hazard?
  - a) Excessive workloads
  - b) Inadequate ventilation
  - c) Poor lighting
- 5 When should risk assessments be conducted?
  - a) Only after an accident occurs
  - b) Regularly and when there is a change in the workplace
  - c) At the end of the year
- 6 What is the best way to prevent injuries during manual handling tasks?
  - a) Lifting without assessing the load
  - b) Using mechanical aids or asking for assistance when needed
  - c) Ignoring ergonomic principles
- 7 Which of the following is a common cause of musculoskeletal injuries?
  - a) Sitting in a well-adjusted chair
  - b) Repetitive movements or poor posture
  - c) Taking regular breaks
- 8 Where is the nearest 1st Aid Kit?
- 9 In an emergency evacuation, where is the assembly point?
- 10 List people you can talk to if your job is unsafe.